# **TERRY SWIMMING POOL SWIMMING LESSON REGISTRATION 2020**



Swimming lessons offered at the Terry Swimming Pool are one (1) session for ten (10) lessons. Dates for the Swimming Lessons are as follows:

July 13-17, 2020 July 20- 24, 2020

Swimming lessons at the Terry Swimming Pool are led by American Red Cross certified lifeguards. We offer classes for children age 4 or older-- you may contact Izzy Wickson, Manager, for questions on your child's eligibility.

The fee for each child to attend swimming lessons is \$20.00.

Lessons are held during the morning hours, between 9:30 a.m. and 11:30 a.m. Please call the Terry Swimming Pool at (406) 635-5451 during pool hours (between 12-6 p.m.) with any questions.

Please turn in registration forms to the Terry Swimming Pool in advance if at all possible.
General information: (ONE PERSON PER FORM)
Child's Name:
Address:
Telephone: Birth Date:
Last swim class attended, if any, and was course completed:
Swimming Ability:
Parent or Guardian Name:
Signature of Parent/Guardian: I hereby authorize my child to register to participate in the above stated program sponsored by the Town of Terry. I understand that this program, like most programs similar in nature, have some degree of inherent risk involved. Furthermore, my child is in good physical condition appropriate to participation in the above activity and I understand that the participants must assume full responsibility for bodily injury occurred while participating in the activities.
Signature of Parent/Guardian:
Date:

# **Reference List of Swimming Levels**

## Level 1

**Beginning Swimmers** 

Bobbing, floating on front/ back with assistance (mostly assisted)

## Level 2

**Fundamentals** 

Submerging and holding breath, floating on front/back with full recovery (mostly independent)

#### Level 3

Stroke Development

Head first entry, changing direction and position, learning strokes, floating/treading, (independent)

## Level 4

Stroke Improvement

Lots of endurance, continuation of Level 3

#### Level 5

Stroke Refinement

Diving, strokes, swim turns